

## Service Booklet for KS4



“Without community service, we would not have a strong quality of life. It’s important to the person who serves as well as the recipient. It’s the way in which we ourselves grow and develop.”

Dr. Dorothy Height

The BISI mini CAS programme reflects the importance of life outside the world of scholarship, providing a refreshing counterbalance to academic studies.

Creativity includes a wide range of arts activities as well as the creativity students demonstrate in designing and implementing service projects.

Activity can be not only participation in individual and team sports but also taking part in expeditions and in local and international projects.

Service encompasses a host of community and social service activities with structured opportunities that link the task to self-reflection, self-discovery and the understanding of values, skills and knowledge. It combines service objectives with learning objectives with the focus on changing both the recipient and the provider of the service.

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## FAQ

### **What is mini CAS all about?**

The general idea is to get you to become more active, develop your creative responses and encourage you to be more involved in your community. To broaden your skills and interaction with others as well as giving you a break from your academic studies.

### **How does it work?**

- You are required to complete 50 hours throughout the year
- Must be a balance of all 3 (creativity, activity, service)

### **When will I do mini CAS?**

All Friday afternoon activities are categorised into one of these three elements so you can complete one element each term. If you have other commitments, i.e. team sports every term, you can choose to complete the other components in after school clubs or in your own time, outside of school.

\*Please note, all activities inside or outside of school, an adult supervisor is required. They will be asked to write some comments on your progress and performance. This may not be family or friends.

### **Who do I contact if I am having difficulties with this?**

Ms Farah Elemara – [f.elemara@bisistanbul.org](mailto:f.elemara@bisistanbul.org) (CAS Coordinator)

## AIMS

- Personally develop and understand your own strengths and limitations, identify goals and devise strategies
- Develop interests outside of your academic studies and have some fun...
- Become a member of the wider community with responsibilities towards others and the environment
- A growing awareness of other Cultures



Kaan (yr. 10)  
helped out a yr. 7  
student, Emre,  
with his Turkish  
language for Service

	<b>Creativity</b>	<b>Activity</b>	<b>Service</b>	
<b>E X A M P L E</b>	MUN	Expeditions –	Animal welfare	
	Chess	International	Recycling group	
	Choir	Award	Classroom support	
	Cooking club	Adventure trips	Environmental	
	Drama	Running in the	action	
	Debate club	forest	Homework tutor	
	Fashion design	Rugby	Organising charity	
	Filming	Basketball	event	
	Language learning	Belly dancing	Sports coaching	
	Music lessons	Canoeing	Leading school	
	Gymnastics	Dance	production &	
	Dance	Fitness	school events	
	<b>C H O I C E S</b>	Notice boards	Football	Student Council
		Photography	Participating in	leader
School		environmental	Taking care of the	
productions		restoration	elderly	
Theatre		Judo	UNICEF	
Assembly		Scuba diving	WWF work	
contributions		Swimming	Volunteering work	
Talent show		Tennis	Entomology club	
Web design	Team sports	Website		
Art club		development for a		
		charity		

## **The Learning Outcomes are:**

- **Increase awareness of own strengths and areas for growth**

To be able to see yourself as an individual with various skills and abilities, some more developed than others, and understand that you can make choices about how you wish to develop these.

- **Work collaboratively with others**

Collaboration can be shown in many different activities, such as team sports, playing music in a band, or helping in a primary school.

- **Show perseverance and commitment in activities**

To have regular attendance and accept a share of the responsibility for dealing with problems which occur in the course of the activities.

- **Consider ways to resolve issues, globally or ethically**

Ethical decisions arise in almost every activity (for example, on the sports field, in musical composition, in relationships with others involved in service activities). Evidence of thinking about ethical issues can be shown in various ways, including in your reflections.

To have some involvement in international projects or global issues locally, nationally or internationally (for example, environmental concerns and caring for the elderly).

- **Develop new skills**

To develop new skills in a first-time activity or an increased expertise in an established area.

Finally, what is the point of all of this if it is not evaluated by you? At the core of mini CAS is the need to reflect upon your actions and be aware of the changes (and growth) of you as an individual as a result of these activities.

## Reflections

Your reflection should include the following responses to these questions...

- What did we plan to do?
- What did we do?
- What were the learning outcomes, for me, the team, and others?
- Identify achievements, outstanding issues, personal strengths and challenges
- What are the ethical implications of my actions, if any?
- Evaluate your actions... what was the value of it? How successful was it?

You should provide evidence of your activities— photographs, certificates, plans etc.

You need to provide supervisor contact details and a written review, by the supervisor, reflecting on your effort, progress and achievements.

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