

Secondary School

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5th January 2011

Dear Parents,

Allow me to take this opportunity to update you on the progress and achievements made within the PE department from the start of 2010 until now.

We have recently finished our football season with some of the best results achieved by BISI teams this year. Annually we play MEF, IGA and IICS in a tournament hosted by one of the aforementioned. Together we make up the Istanbul Sports League (ISL). Our junior girls made a massive improvement by finishing 2nd in this year's tournament, hosted by IGA, being beaten in the final by IICS. Last year, the girls competed and finished in last place. An amazing turn around for our junior girls, coached this year by Mr. Flood. Miss Scotland led the senior girls this season. They quickly gelled as a team with some outstanding individual performances from Melissa Ensing who unfortunately, has left the school now and returned to Canada. She will be missed by the squad who are going for gold in 2011.

Our senior boys faced some tough competition over at IICS when they competed. Unfortunately they didn't place in the trophy stakes but coach Oxlade assures us that he was utterly impressed by the boy's sportsmanship and ability to listen and work together as a unit. Mr. Shippen took our junior boys to 1st place this season and maintained the winning form from last year despite having almost a full new team to work with. Player of the season for the boys and girls junior team and boys and girls senior team were Can Karabiber, Anna Lasorte, Berke Kerimoğlu and Melissa Ensing.

We also had our sports days last term with KS1 taking part in some fun potted sports activities and KS2 progressing to a more 'house team' style event. These took place at Zek with Etiler students joining in and parents supporting the fun. KS3-5 battled it out at Enka Sports Centre in our BISI house competition which is built around the format of a proper athletics meet. We witnessed some fantastic individual performances which contributed to 3 very fun and successful days.

January to March is basketball season for us and we will be hosting the junior girls section of the ISL on Tuesday 15th February. Our junior boys will also play in the 15th February over at MEF and our senior teams will travel to IICS on the 23rd and 24th February. Mr. Somers is also preparing to take our boys table tennis team to MEF on Thursday 13th January where they will try to maintain their ownership of the champion's trophy which BISI boys won last year.

Currently our classes are covering Hockey, Gymnastics and Fitness in KS1-KS3 and the fitness element of the course will be an important factor in determining who will be ready to challenge in our cross country events taking place in April before school breaks for Easter holidays. We will also be running a Physical Education specialist week from 4th – 8th April where we will get all departments in the school involved in sport, health and fitness related activities, helping to promote physical well-being.

Finally, we are preparing for the first ski trip of the year with 59 students, from years 4 – 8, signed up to go to Uludağ from 17th – 19th January. Year 9 – 13 will travel to Kartalkaya from 21st – 23rd February for their ski trip. It might be the coldest and most miserable term with regards to the weather but it means excellent snow and great fun coming up for the PE department and students involved!

Thank you for your support in helping BISI's sporting success!

Carolynne Bell
Head of Physical Education