

Secondary School

Key Stage 3 Leader: Alison Bowers

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Dear Parents,

Key Stage 3 PSHE Programme

After the short half term break students in Key Stage 3 will be studying the topic “Being Healthy” in PSHE. The learning outcomes for the different year groups are stated below. We feel these are really important issues that your child needs to know about, but if, for any reason, you are not happy with them attending the class session please let me know by email. Alternative work will be set for your child in the library. In the past years we have had 100% uptake and the students have found the sessions very useful.

	Topic	Learning outcomes
Year 7	Puberty	<ul style="list-style-type: none">• To know the physical and emotional changes that take place in the body at puberty• To have considered how to support each other through puberty• To be able to explain what periods are and how they occur
Year 8	Sex	<ul style="list-style-type: none">• To have considered the many meanings and ideas associated with the word sex• To be able to explain how a woman becomes pregnant and some of the myths surrounding pregnancy• To be able to explain some of the factors that may influence how people behave sexually
Year 9	Safer sex	<ul style="list-style-type: none">• To be able to explain how a male condom should be used correctly• To understand the causes and symptoms of some sexually transmitted diseases

The Year 7 sessions will be taken by the Science Department. Year 8 will be taken by myself and Sandra Scotland. Year 9 will be taken by the Science Department.

Please do not hesitate to contact me if you have any concerns about this or anything else.

Yours faithfully,

Alison Bowers