

## Etiler Central Administration

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Dear Parents

There have been confirmed cases of scarlet fever at the Etiler Primary Campus. We suggest you that you seek professional medical advice if your child has any of these symptoms.

### **What is scarlet fever?**

Scarlet fever is due to a throat infection caused by a germ (bacterium) called streptococcus. There are various types (strains) of streptococcus. They cause different infections and a strain called group A streptococcus causes most instances of scarlet fever.

### **Symptoms of scarlet fever**

The symptoms of scarlet fever usually take two to five days to appear after infection. However, the incubation period (the time between exposure to the infection and symptoms starting) can be as short as one day or as long as seven days.

The symptoms of scarlet fever include a sore throat, headache, high temperature (38.3C/101F or above), flushed face and swollen tongue. The distinctive pink-red rash develops 12 to 48 hours later.

Red blotches are the first sign of the rash. These turn into a fine pink-red rash that feels like sandpaper to touch and looks like sunburn. It may also be itchy. The rash usually starts on the chest and stomach, but soon spreads to other parts of the body, such as the ears, neck, elbows, inner thighs and groin. The rash doesn't usually spread to the face. However, the cheeks become flushed and the area just around the mouth stays quite pale. The rash will turn white if you press a glass on it. The rash usually fades after about a week, but the outer layers of skin, usually on the hands and feet, may peel for several weeks afterwards.

In milder cases, sometimes called scarlatina, the rash may be the only symptom.

If you have any concerns please do not hesitate to contact me.

Yours sincerely

Mevne Beyleryan  
City Campus School Nurse

