

Mr. Christian Huegel  
Head of Physical Education

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Monday 19<sup>th</sup> October 2015

**Primary and Secondary School Ski Trip 2016**  
**Monday 7<sup>th</sup> – Saturday 12<sup>th</sup> March**

Dear Parents,

The school ski trip will take place again in Pamporovo, Bulgaria this year. A parent information event at Zek campus will be held on Tuesday 3<sup>rd</sup> November (open morning and Secondary Parent/Teacher day) in the theatre at 3:45.

The City Campus information will take place on Friday 6<sup>th</sup> November in the hall at 3:45. This will be a good opportunity to ask all the questions you may have. Should you be unable to attend please contact me directly as soon as possible.

The Y4 to Y6 students and Primary staff will be located in the following hotel:

[http://www.bulgariaski.com/pamporovo/boutique\\_hotel\\_iva\\_elena.html](http://www.bulgariaski.com/pamporovo/boutique_hotel_iva_elena.html)

(Trip limited 45 students)

The Secondary students will have their own transport and be located in the following hotel:

[http://www.bulgariaski.com/pamporovo/kamelia\\_complex.html](http://www.bulgariaski.com/pamporovo/kamelia_complex.html)

(Trip limited 45 students)

Note that the ski trip is not open to students in Y11 and Y13 due to the proximity of their exams.

The hotel arrangements are exactly the same as last year as they are both ski in and ski out and we have been very happy in the past.

**The cost of the trip will be 450Euros (costs for visa for Bulgaria is not included).**

Included in the price is:

- 4 full days equipment hire (boots, skis, poles, helmet)
- 4 whole days of instructions, in ability groups – ski instruction is mandatory for all age groups.
- Ski pass for 4 days
- All inclusive accommodation, including all meals, drinks and après ski snacks
- Evening entertainment program. Snow tubing, Bowling, Disco, Village trip, cinema night, karaoke, and billiard.
- Costs for transport



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### **Trip Schedule**

Monday 7<sup>th</sup> March

Meeting Zek-campus at 08:00am  
Meeting Maslak Opet Petrol station 9:00  
Packed lunches from school  
Arrive in Pamporovo/Bulgaria 16:30  
Free time  
Buffet dinner 19.00  
Curfew time 21.00 for primary, 22:00 for Secondary students

Tuesday 8<sup>th</sup> -

Friday 11<sup>th</sup> March

Buffet breakfast 07.30  
Ski session from 09.30 – 15.30  
Lunch break 12-13 on slopes  
Après ski snacks & drinks 17.00  
Evening program/free time 17.30  
Friday Certificate presentation 18.00  
Buffet dinner 19.00  
Lights out 21.00/22:00

Saturday 12<sup>th</sup> March

Buffet breakfast 07.30  
Departure 9am  
Arrive in Zek approximately 17.00pm depending on traffic

### **Payment Information**

1. A **150€ NON-REFUNDABLE** deposit and both forms are due no later than Monday 9<sup>th</sup> November 2015. This deposit should be paid along with both forms, completed and signed to **Ms Aysegül (for Secondary students) and to Ms Deniz (for Primary students) in Zek** and to **Ms Rumeysa** in the city campus.

2. The remaining cost of the trip must be paid no later than **Monday 14th December 2015**.

### **VISAS**

Non-European students will be required to have a Bulgarian Visa or a Schengen Visas. In order to obtain the required Visa there must be at least 6 month validity remaining on your child's passport at the time of application.



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Visas can take several weeks to be issued and parents should take this into account. It is the responsibility of parents to apply for and obtain the Schengen Visa, the school plays no part in this process and we are not able to influence the authorities in any way.

### **Cancellation Terms and Conditions**

The school pays in advance to secure our hotel rooms and ski school places. Should you withdraw from the trip after the deposit has been paid, a refund will only be possible if there is a waiting list of students.

### **Equipment and Essential Items**

For the safety and comfort of the students it is important that they pack the correct clothing and equipment. Below is a list of the necessary items. Check carefully that your son/daughter has everything listed below and that they are clearly labelled.

Ski trousers	Swimwear and towel for secondary students
Ski jacket	Sports shoes
Sunscreen for face and lips (factor 50)	Small backpack
Warm thermal / ski socks	Toiletries
Ski goggles (+ sunglasses)	Tracksuit or comfortable travelling clothes
Warm hat, gloves & scarf	Casual evening wear
Thin, layered clothing for under ski jacket	Pyjamas or suitable bed time clothing
Spare sets of underwear	Medication (labelled and given to staff)
Ski Helmet (rental helmet is included in price)	Any valuables are brought at their own risk

### **SMS or e-mail update service**

A text message service (and/or e-mail) will inform you of our daily adventures. Also, this service will update you on traffic conditions and estimated times of arrival on the day of our return.

### **No parents on the trip**

This trip is intended to develop your child's interpersonal and social skills. They have the opportunity to grow in terms of personal responsibility, organisation, peer communication, responsible risk taking and being responsible for others. It is for this reason that parents do not join us on ski trips.

### **Additional Information**

Prior to the trip, students will choose their own roommates. The Primary students will be accommodated in 3-4 person bedrooms and the Secondary students will be accommodated in apartments with 4 or 6 students.

All ski instructors will have all BISI staff mobile numbers.

We are looking forward to another great ski trip!

Yours sincerely,

Christian Huegel  
Head of PE



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## **Form 1 - Permission Form - Ski Trip to Pamporovo**

**Monday 7<sup>th</sup> – Saturday 12<sup>th</sup> March 2016**

My child's ability is:

**SKI**

**Snowboard**

**Beginner** (little to no experience or not skied in a long time)

**Intermediate** (skied in the past and comfortable on the slopes)

**Advanced** (competent and confident skier with experience)

Ski Hire Information for your child (essential if kit is to be properly fitted and safe):

Height: \_\_\_\_\_ cm      Weight: \_\_\_\_\_ kg

Shoe Size (European please e.g. 37, 38, 39): \_\_\_\_\_

**Please tick** the appropriate boxes below indicating that you have read and understand the terms and conditions of the ski trip:

I agree to pay 450€

I understand that my deposit and balance are non-refundable and have read the terms and conditions of late cancellation.

Student's Name (in CAPITALS): \_\_\_\_\_

Student's Class (e.g. 4SS / 5D): \_\_\_\_\_

Parent's Name (in CAPITALS): \_\_\_\_\_

Parent's Signature: \_\_\_\_\_

We will use the school database to contact parents please ensure your details are correct.



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### IMPORTANT Checklist:

In order to secure your child's place, ensure that you return the deposit money and completed forms together.

- a completed and signed copy of this permission form
- a completed and signed copy of the medical & disclaimer form
- a 150€ non-refundable deposit **Final balance** due no later than Monday 14<sup>th</sup> December 2015

## **Form 2 - MEDICAL & DISCLAIMER FORM - Ski Trip to Pamporovo**

**Monday 7<sup>th</sup> – Saturday 12<sup>th</sup> March 2016**

STUDENT NAME: \_\_\_\_\_

*Please answer all the questions below:*

**1. Does your son/daughter suffer from any of the following? (Please circle)**

Allergies (penicillin, dairy/wheat products, nuts, stings) Yes

No

Asthma Yes

No

Bronchitis Yes

No

Sinusitis Yes

No

Hay Fever Yes

No

Other: \_\_\_\_\_

**2. Does your son/daughter take any form of medication? Yes**

No

Medication name: \_\_\_\_\_

Dosage: \_\_\_\_\_

**3. Can your son /daughter swim? Yes**

No



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4. Do you give permission for your son /daughter to take part in teacher supervised swimming? Yes  
No

5. Does your son/daughter have any special dietary requirements? (Please write them)

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6. In the interest of your son /daughter please indicate any other information staff should know. E.g. claustrophobia, panic attacks, **travel sickness** etc.

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7. Do you give permission for the staff to administer any 'over the counter' medication, if necessary? (paracetamol for headaches, antihistamine etc.) Yes  
No

8. Has your son/daughter had a recent tetanus shot? Yes  
No  
If yes, when? \_\_\_\_\_

9. If needed, I hereby give permission for the staff to seek the necessary Yes  
No  
medical attention for my son/daughter.

**\* Please read all points in the disclaimer paragraph below before signing:**

I hereby sign giving permission for my child to attend the ski trip. All information here is correct and I will inform the teacher in charge should there be any changes. I understand and accept that the British International School Istanbul will accept no liability for loss or injury during the ski trip. I can also confirm that my child has **appropriate health insurance** to cover any emergency treatment that may be required.

Parent / Guardian Name : \_\_\_\_\_

Signature : \_\_\_\_\_

Date : \_\_\_\_\_

