

Secondary School

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Uludağ Ski Trip – Karinna Hotel
Monday 6th February – Wednesday 8th February 2012
(For students in years 4 – 6 only)

Dear Parents,

My sincere apologies for the delay in sending out this letter, however in doing so, we have secured a really good price for this year's trip in a hotel with a great ski school. I'm happy that this year we will return to the Karinna Hotel (<http://www.karinnahotel.com/> for additional hotel and ski school information). Places will be awarded on a first to pay, first to go basis. Please carefully read all of the information below and feel free to contact me via email or telephone (numbers listed above) if you have any questions or queries regarding the trip and are unable to attend the scheduled information meeting.

Cost and Payment Deadlines

The cost per child is 870TL which includes:

- 8 hours of ski lessons, equipment hire and lift passes (500tl)
- Transport, *travel and accident insurance** (70tl)
- All inclusive hotel accommodation, 2 nights & 3 days (300tl)

** In previous years, parents had to obtain additional insurance cover for ski trips. This year, this is included in the deal we have managed to secure.*

Primary students must take lessons with the ski school. These are taught in groups of 8 maximum and are split into ability groups (beginner, intermediate or advanced). There is room for movement between the groups should your child progress quickly or indeed, need to move to a lower ability level.

A **50% non-refundable** deposit of 435TL is required to secure your child's place. Please pay no later than **Friday 16th December 2011** where possible. I appreciate that this is less than 1 week away, however, advanced notice was given in October's interest letter and hopefully you all have money reserved for this purpose. The latest I will accept your deposit payment is Friday 6th January 2012. We will only accept payments if money is brought along with all 3 of the appropriate forms and signed disclaimer papers attached at the end of this letter.

Zek Campus student payments should be made to the primary receptionist, Yeliz Altunsoy. If paying in Etiler, then please make payments to Rumeysa Utku. **The remaining balance is due Monday 30th January 2012.** You may pay the full amount any time before this deadline.

Cancellation Terms and Conditions and Losing your Place due to Late Payments

The school must pay for the majority of this trip in advance in order to secure our booking therefore we need all deposits to be handed in on time or we risk losing our provisionally booked rooms to another party. If remaining payments are late, we may give your place to another child who has all forms and money ready to pay immediately. In this case, you will receive your deposit back. Should you withdraw from the trip after the deposit or full payment has been made, we can only give a refund if another child goes in your child's place. If there is no replacement found, you will lose the money.

Transport

Both buses will depart from Zek Campus at 0700hrs and pick up from Etiler Akmerkez (Ulus entrance) at 0730hrs. Both buses should arrive back on Wednesday at between 1800-1830hrs but this is very much dependant on traffic conditions.

Accommodation

We will be staying at the Karinna Hotel, Uludağ. Students will be sleeping in four person bedrooms complete with bathroom. There is a swimming pool for use in the evenings under staff supervision. Students may choose their own roommates.

Equipment and Essential Items

For the safety and comfort of the students it is important that they pack the correct clothing and supplementary equipment. Below is a list of the necessary items. I would ask you to check carefully that your son/daughter has everything listed below and that ALL items are clearly labelled.

Ski trousers	Swimwear and towel
Ski jacket	Comfortable sports shoes / Wellington boots
Sunscreen for face and lips (min. factor 50)	Small backpack (preferably with front clasp)
Warm thermal / ski socks	Toiletries
Ski goggles	Tracksuit or other suitable clothing for travelling
Warm hat, gloves & scarf	Casual evening wear (the hotel is warm inside!)
Thin, layered clothing for under ski jacket	Pyjamas or suitable bed time clothing
Spare sets of underwear	Medication (labelled and given to Miss Bell)

We will get off the bus and go straight into the hotel. The equipment centre is also located within the hotel. Students do not need to purchase expensive, outdoor snow shoes for this trip. Should we go outside the hotel in the evening to play in the snow, sports shoes or Wellington boots are sufficient if worn with warm socks.

Basic Rules

We would like to communicate very clearly our expectations of behaviour on the ski trip.

- Student attendance at all meetings (before and during the trip) is compulsory
- During free time in the evenings, the swimming pool is available and can be used by students only when supervised by a member of the BISI staff
- Attendance at breakfast, lunch and dinner are compulsory
- The school's code of conduct and behaviour policy will apply at all times
- Students should behave in a responsible and co-operative manner at all times
- Students must follow instructions given to them by ski school staff and workers who should be treated with the same respect as members of BISI staff
- After 'lights out' in the evening students will not leave their rooms
- Valuables (ipods, jewellery, mobile phones, cameras etc) are not necessary and are brought at the students' own risk. These items will not be collected by members of staff.

Permission Form and Medical & Disclaimer Form

Please complete the medical & disclaimer form that accompanies this letter and return this along with the permission form, equipment hire form and non-refundable deposit. **Students will not be given their place on the trip unless all 3 forms and the deposit are submitted together.**

SMS update service and students with mobile phones

We aim to set up a daily text message service that will inform you of our adventures. We will use this service to update you on traffic conditions and estimated times of arrival on the day of our return. I would prefer that students *do not* bring mobile phones on the trip. My phone will be available to them should they need to make calls and I am available at all times should parents want to contact me. If they do bring phones, these will only be permitted for use between 2015-2100hrs.

No parents on the trip

This trip is intended to develop your child's interpersonal and social skills where they have the opportunity to grow in terms of personal responsibility, organisation, communicating, overcoming fears and helping others manage and overcome theirs. It is for this reason that parents DO NOT join us on ski trips. We ask that you respect this and trust your child to our care. I held a parent meeting in Etiler on Wednesday 7th December. If you were unable to attend then you may come along to the Zek parent meeting on Wednesday 14th December in my room, S103, at 1430hrs. Alternatively, please call or email me regarding the trip before the deposit deadline of Friday December 16th 2011 and I'll be happy to answer any questions you may have.

An Overview

Monday 6th Feb 2012:

0715hrs depart Zek Campus
0745hrs depart Akmerkez (breakfast sandwich provided on bus)
1000hrs ferry to Bursa
1130hrs Iskender lunch in Bursa
1300hrs arrive at Karinna Hotel
1500hrs 2 hours of ski lessons
1700hrs après ski snacks and drinks
1800hrs swimming / down time
1930hrs buffet dinner
2015hrs prep for following day / shower time
2100hrs lights out

Tuesday 7th Feb 2012:

0730hrs wake up call
0830hrs buffet breakfast
0930hrs 2 hours of ski lessons
1200hrs buffet lunch
1300hrs down time / movie / relax
1500hrs 2 hours of ski lessons
1700hrs après ski snacks and drinks
1800hrs swimming / down time
1930hrs buffet dinner
2015hrs prep for following day / shower time
2100hrs lights out

Wednesday 8th Feb 2012:

0730hrs wake up call
0830hrs buffet breakfast
0930hrs 2 hours of ski lessons
1200hrs buffet lunch
1330hrs depart Karinna
1800hrs arrive Akmerkez
1845hrs arrive Zek Campus

Students may pack a sensible amount of snacks for travelling and during the stay. I would suggest no more than 50tl spending money (which the students are responsible for). Your child may bring a selection of suitable DVDs for the bus journey.

Prior to the trip, I will meet with all students to run through this itinerary. At this point, they will choose their room mates. Students will sleep in rooms of 4. We have requested that rooms be grouped together. Staff rooms will be situated between student rooms and the students will all be given my room number so that they can find me at any time.

All ski instructors will be given my mobile number in case there are any incidents on the slopes or any child wishes to return to the hotel. A member of school staff will also stay behind in the hotel in case of emergency whilst the other staff ski in continual loops, ensuring that all groups are working well throughout the day. The BISI staff to student ratio is 1:10 (if 50 students sign up, we will take 5 BISI staff).

Yours truly,

Carolynne Bell
(Head of P.E.)

Form 1 - Permission Form - Ski Trip to ULUDAĞ

Monday 6th Feb – Wednesday 8th Feb 2012



Please tick the appropriate boxes below indicating that you have read and understand the terms and conditions of the ski trip:

I agree to pay 870TL (inclusive of lessons and equipment hire).

I understand that my deposit is non-refundable and have read the terms and conditions of late cancellation.

I give my child permission to attend the ski trip to Uludağ

Parent's Name (in block capitals): _____

Parent's Signature: _____

IMPORTANT Checklist:

In order to secure your child's place, ensure that you return the following all together (money will not be taken without these forms):

- ✓ a completed and signed copy of this permission form
- ✓ a completed and signed copy of the medical & disclaimer form
- ✓ a completed and signed copy of the ski hire, ability and pick-up form
- ✓ a 435TL non-refundable deposit

***Deposits** due Friday 16th December 2011 or Friday 6th January at latest.

***Final balance** due no later than Monday 30th January 2012.

Form 2 - MEDICAL & DISCLAIMER FORM (Ski Trip to Uludağ 6th Feb – 8th Feb 2012)

STUDENT NAME: _____ CLASS: _____

Emergency Contact Name (24hrs): _____

Emergency Contact No. (24hrs): _____

Family Doctor's Name: _____ Doctor's Contact No: _____



Please answer all the questions below and sign when complete:

1. Does your son/daughter suffer from any of the following? (please circle)

Allergies (penicillin, dairy/wheat products, nuts, stings)	Yes	No
Asthma	Yes	No
Bronchitis	Yes	No
Sinusitis	Yes	No
Hay Fever	Yes	No

Other: _____

2. Does your son/daughter take any form of medication? Yes No

Medication name: _____ Dosage: _____

3. Can your son /daughter swim? Yes No

4. Do you give permission for your son /daughter to take part in water activities? Yes No

5. Does your son/daughter have any special dietary requirements? (please write them)

6. In the interest of your son /daughter please indicate any other information staff should know. E.g. claustrophobia, panic attacks, travel sickness etc.

7. Do you give permission for the staff to administer any 'over the counter' medication, if necessary? (aspirin for headaches, antihistamine cream, etc.) Yes No

8. Has your son/daughter had a tetanus shot? Yes No

If yes, when? _____

9. If needed, I hereby give permission for the staff to seek the necessary medical attention for my son/daughter. Yes No

I hereby sign giving permission for my child to attend the ski trip. All information here is correct and I will inform the teacher in charge should there be any changes. I understand and accept that the British International School Istanbul will accept no liability for loss or injury during the ski trip to Uludağ.

Parent /Guardian Name : _____

Signature : _____

Date : _____

Form 3 - Ski Equipment Hire, Ability Level and Pick Up Information



Student Name (block capitals): _____ Class: _____

Please tick the appropriate boxes below and complete the information where required. We must know sizes, heights and weights in order to have the equipment ready for us on arrival at the hotel.

Students will be issued with ski boots, skis and a helmet.

SKI EQUIPMENT HIRE - Student Details required for ski hire are:

Height: _____ cm Shoe Size (European please e.g. 37, 38, 39): _____

Weight: _____ kg

If you have your own and will bring your own equipment, please tick here

LEVEL OF ABILITY (tick the best fit) – there is no need to complete this section if you have done so already in the interest letter that was previously sent out

Beginner (I have had little to no experience or I have not skied in a long time)

Intermediate (I have skied in the past and I am comfortable on the slopes)

Advanced (I am a competent and confident skier with plenty experience)

PICK UP & DROP OFF (please ensure you tick the appropriate collection / drop off point)

Please take note that times stated are LEAVING times. Students should gather at the collection point 10 mins prior to departure.

Zekeriyaköy Campus Leaving BISI at 0700hrs

Etiler, Akmerkez Leaving **Ulus entrance** at 0730hrs

NOTES – please use this space to inform us of any information or additional points you feel we may need to consider